

ESSENTIALS OF HOME ECONOMICS Paper—B/ B.A -Part Two /Elective

(Model Paper-02)

Max: marks 55

Time Allowed: 3 hours

Min: Marks 30

Attempt 04 questions in all selecting two from each part.

PART ONE FOODS & NUTRITION

- Q: 1) a) Define 'Food' and 'Nutrition'? (5)
b) What dietary guidelines should be followed to maintain good health? Discuss. (10)
- Q: 2) a) What are the consequences of nutrient deficiency when eating out? (7)
b) Discuss the importance of food containing vitamin C in daily meals. (8)
- Q: 3) a) What precautions should be taken in storage of raw vegetables in cottage industry? (8)
b) Give dietary advice to a diabetic patient. (7)

PART TWO CLOTHING & TEXTILES

Note: Attempt two questions in all.

- Q: 4) Write short notes on any two of the following: (10)
a) Care labels
b) Colors for summer and winter
c) Two basic weaves
d) Consumer rights in Pakistan
- Q: 5) a) Discuss the concept of dress in Islam. (6)
b) What factors should be considered for planning a teenager wardrobe? (8)
- Q: 6) a) Briefly discuss various methods of fiber identification at home. (5)
b) What are some characteristics which lead to develop grooming habits? (10)

ESSENTIALS OF HOME ECONOMICS Paper—II/ B.A./Optional (Model Paper-03)

Max: marks 100

Time allowed: 3 hours

Min: marks 50

Attempt five questions in all. One question from each part is compulsory. Attempt fifth question from any part. All carry equal marks.

Child Development and Family Relations

- Q : 1) a) Define and elaborate the concept of family. (12)
 b) Discuss family life cycle. (8)
- Q : 2) a) What do you understand by 'family crises'? Discuss with an example. (12)
 b) What factors should be considered in care of a new born baby? (8)

Clothing and Textiles

- Q : 3) a) What factors should be considered for selecting winter wardrobe for a teenage student? (10)
 b) Which factors influence clothing practices in a family? (10)
- Q : 4) a) Define and explain natural and man-made fibers. (10)
 b) Write the method of removing grass and curry stains on cotton and silk fabric. (10)

Food and Nutrition

- Q : 5) a) Define 'Food' and 'Nutrition'. (5)
 b) What do you understand by 'energy yielding food'? (15)
- Q : 6) a) What are carbohydrates? Discuss their sources and functions in the body. (10)
 b) What are the effects of various methods of cooking on value of food? (10)

Home Management

- Q : 7) a) What are steps of management? Discuss any one with reference to home management? (10)
 b) What do you understand by money management? Plan a budget of five member's family with an income of Rs. 20000.00 per month. (10)
- Q : 8) a) What care is required in storage of woolen garments? (8)
 b) Discuss the principles of design with reference to interior decoration. (12)